



**TELEVISED FITNESS CLASSES**

Monday Through Friday

- 8:30am Exercise for Arthritis **CH1961**
- 9am/4pm Core Strength **CH1961**



**EVENT TYPE & LOCATION SYMBOLS**

- Aquatic Center **AC** Convocation **C**
- Art Studio **AS** Cottages **CT**
- Assisted Living **AL** Dining **D**
- Bistro **B** Family Room **F**
- Chapel **CH** Fitness/Wellness Center **FWC**
- Game **G** Performance Hall **PH**
- Green Room **GR** South/North Courtyard **SC NC**
- Library **L** South/North Wing **SW NW**
- Lobby **LB** Villa Room **V**
- Lodge **LDG** Village Homes **VH**

Cable Channel 1961 **CH1961** Alma Performing Arts Center **APAC**  
 Fee **S** Arend Arts Center **AAC**  
 Resident Wait List Welcome **W** Arts Center of the Ozarks **ACO**  
 Sign-up Reservation Required **R** Faulkner Performing Arts Center **FPAC**  
 Shuttle Service to/from BTV Entrance **SS** Walton Arts Center **WAC**

Check Lobby Bulletin Boards, or BTV Cable 1960, regarding corrections, cancellations, or additions to this calendar. Notifications will be posted as soon as possible.

**3**

8am Church Runs

8:15am Music/8:30am Worship **C CH1961**

11am Rev. David Wiggs – Televised **CH**

12pm Razorback Baseball vs. Stony Brook **R (W)**

1pm **Village Tours Getaway: The Quapaw Nation in the 21st Century** **R S (W)**

4:30pm Worship with Rev. Larry Branum, Church of Christ **C CH1961**

5pm Bocce Ball **LDG**

**4**

**NAME TAG DAY**

8:30am Resistance Training **AC FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

9:30am Circuit Training with Spencer **C**

10am Line Dancing **PH**

10am Balance Class **C**

10:30am 2nd Floor South **V**

10:30am Hiking with Jennifer **LB R**

1pm Guitar Lessons **CH**

1:30pm Back Care Class **C**

2:30pm BTV Chorus Rehearsal **PH**

4pm 2nd Floor North **V**

4pm Yoga **FWC**

**5**

9am Walk Away the Pounds **AC**

9:45am Tai Chi **C**

10am 1st Floor South **V**

10:30am Strength and Chair Aerobics **C**

10:30am 1st Floor North **G**

1:30pm Stained Glass Art **AS**

1:30-3:30pm OLLI Class: Regnum Machinarum, Artificial Intelligence in Literature **V**

2pm No Indoor Walking Today

2pm Razorback Baseball vs. Charlotte **R (W)**

2pm **Health and Wellbeing with Dr. Helen McElree: The Human Personality Part 2** **C (W)**

7pm Bingo **C**

**6**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

10am Line Dancing **PH**

10:30am Bible Study **C**

10:30am Learn to Knit in Five Minutes with Kate Allen **V (W)**

11am Communion, FUPC – Springdale **CH**

11:15am Balance Class **AC**

1pm Clay Creations with Terry Merchant **AS**

1:30pm Back Care Class **C**

2pm Gentle Water Aerobics **AC**

2pm Razorback Baseball vs. Charlotte **R**

3pm Ping-Pong **AC**

4pm Yoga **FWC**

4pm 3rd Floor North **C**

6pm Newspaper P/U **SW CT VH**

7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

**7**

9am Walk Away the Pounds **AC**

9:45am Tai Chi **C**

10:30am 3rd Floor South **V**

10:30am Strength and Chair Aerobics **C**

1pm Brain Teasers **V**

1:30pm Painting for Pleasure **AS**

2pm Indoor Walking **AC**

6:45pm *The Other Mozart* **FPAC R S (W)**

7pm Faith Study **V**

**8**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **FWC**

9:30am H2O Aerobics **AC**

10am-2pm Homespun Hobbies **V**

10:45am Circuit Training with Spencer **C**

11:15am Balance Class **C**

1pm Bridge **G R**

1-3pm OLLI Class: Writing Personal Stories for Legacy or Fun **C**

2pm Gentle Water Aerobics **AC**

2pm Low Vision Activity Group **V**

3pm Razorback Baseball vs. Stony Brook **R (W)**

3pm Ping-Pong **AC**

6-9pm **Cajun Mardi Gras Celebration Featuring Jumpsuit Jamey & The Can't Wait to Play Boys** **PH R (W)**

**9**

10am Exercise for Arthritis DVD **CH1961**

10:30am Strength Training DVD **CH1961**

12pm Razorback Baseball vs. Louisiana Tech **R (W)**

2:30pm and 6:30pm **Movie: Leave No Trace** **PG PH**

4pm Men's BB vs. Alabama **R S (W)**

6:15pm Symphony of Northwest Arkansas (SoNA): Masterworks III: *Bach & Beethoven* **WAC R S (W)**

**Daylight Savings Time Begins Tonight Set Your Clocks Forward One Hour Before Retiring for Bed**

**10**

**Butterfield's 33rd Anniversary!**

8am Church Runs

8:15am Music/8:30am Worship **C CH1961**

11am Rev. David Wiggs – Televised **CH**

12pm Razorback Baseball vs. Louisiana Tech **R (W)**

4:30pm Worship with Rev. Larry Branum, Church of Christ **C CH1961**

6pm Bocce Ball **LDG**

**11**

**NAME TAG DAY**

8:30am Resistance Training **AC FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

9:30am Circuit Training with Spencer **C**

9:30am Residents Council **V**

10am Line Dancing **PH**

10am Balance Class **C**

10:30am Hiking with Jennifer **LB R**

1pm Guitar Lessons **CH**

1:30pm Back Care Class **C**

2:30pm BTV Chorus Rehearsal **PH**

4pm Yoga **FWC**

5:30pm **Pre-Concert Wine and Cheese Social** **LB**

7pm **Butterfield Trail Village Foundation Presents: Tatiana R. Mann in Concert with Kiril Laskarov** **PH (W)**

**12**

9am Mah Jongg Class with Linda Smith **G**

9am Walk Away the Pounds **AC**

9-11am OLLI Class: Art Form **GR**

9:45am Tai Chi **C**

10:30am Strength and Chair Aerobics **C**

1:30pm Stained Glass Art **AS**

2pm Indoor Walking **AC**

2pm Grief Support Group **V**

5:30pm Razorback Baseball vs. Western Illinois **R (W)**

7pm Bingo **C**

**13**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

10am Line Dancing **PH**

10:30am Bible Study **C**

11:15am Balance Class **AC**

11am Recyclers Luncheon at Golden Corral **R**

1pm Clay Creations with Terry Merchant **AS**

1:30pm Back Care Class **C**

2pm Gentle Water Aerobics **AC**

2pm Razorback Baseball vs. Western Illinois **R (W)**

3pm Ping-Pong **AC**

4pm Yoga **FWC**

6pm Newspaper P/U **NW**

7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

**14**

9am Walk Away the Pounds **AC**

9:45am Tai Chi **C**

10:15am BTV Book Club **V**

10:30am Strength and Chair Aerobics **C**

1pm Brain Teasers **V**

1:30pm Painting for Pleasure **AS**

2pm Indoor Walking **AC**

3pm **Historical Presentation: Prairie Grove Battlefield State Park with Interpreter Bart Taylor** **PH (W)**

7pm **Teaching Technologies: Help with PCs, Laptops, iPhones, Email, Etc.** **V**

**15**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **FWC**

9:30am H2O Aerobics **AC**

9:30am Circuit Training with Spencer **C**

11:15am Balance Class **C**

1pm Bridge **G R**

2pm Gentle Water Aerobics **AC**

2pm Low Vision Activity Group **V**

3pm **Fulbright Friday: Expeditions in Kenya with Anthropologist Dr. Mike Plavcan** **C (W)**

3pm Ping-Pong **AC**

5:30pm Razorback Baseball vs. Missouri **R (W)**

7pm **Razorback Baseball vs. Missouri** **R (W)**

7pm **Willie Ming** **PH (W)**

**16**

10am Exercise for Arthritis DVD **CH1961**

10:30am Strength Training DVD **CH1961**

12-1:30pm **Irish Jigs with Patty O'Grill** **D R**

1pm Razorback Baseball vs. Missouri **R (W)**

7pm Aquila Theatre Company's *A Midsummer Night's Dream* **R S (W)**

7pm **Paddy's Day with the Mudlarks** **PH (W)**

**17**

8am Church Runs

8:15am Music/8:30am Worship **C CH1961**

11am Rev. David Wiggs – Televised **CH**

12:30pm Razorback Baseball vs. Missouri **R (W)**

4:30pm Worship with Rev. Jan Butin, First United Presbyterian **C CH1961**

6pm Bocce Ball **LDG**

**18**

**NAME TAG DAY**

8:30am Resistance Training **AC FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

9:30am Circuit Training with Spencer **C**

10am Line Dancing **PH**

10am Balance Class **C**

10:30am Hiking with Jennifer **LB R**

1pm Guitar Lessons **CH**

1:30pm Back Care Class **C**

2:30pm BTV Chorus Rehearsal **PH**

3:30pm Margarita Monday **R S (W)**

4pm Yoga **FWC**

7pm Resident Forum **PH CH1961**

**19**

9am Walk Away the Pounds **AC**

9:45am Tai Chi **C**

10:30am Strength and Chair Aerobics **C**

10:30am Caregiver Support Meeting **V**

1:30pm Stained Glass Art **AS**

2pm Indoor Walking **AC**

4pm Communion, First United Presbyterian **CH**

7pm Bingo **C**

**20**

**First Day of Spring**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

10am Line Dancing **PH**

10:30am Bible Study **C**

11:15am Balance Class **AC**

11am Lunch Bunch to Buddy's Barbecue **R S (W)**

1pm Clay Creations with Terry Merchant **AS**

1:30pm Back Care Class **C**

2pm Gentle Water Aerobics **AC**

3pm New Resident Group Meeting **V**

3pm Ping-Pong **AC**

4pm Yoga **FWC**

6pm Newspaper P/U **SW CT VH**

7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

**21**

8:15am Ace in the Hole Men's Breakfast: IHOP **R S (W)**

9am Walk Away the Pounds **AC**

9:45am Tai Chi **C**

10am Mass, St. Joseph's **CH**

10:30am Strength and Chair Aerobics **C**

1pm Communion, CUMC **CH**

1pm Brain Teasers **V**

1:30pm Painting for Pleasure **AS**

2pm Indoor Walking **AC**

7pm Faith Study **V**

**22**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **FWC**

9:30am H2O Aerobics **AC**

10am-2pm Homespun Hobbies **V**

10:45am Circuit Training with Spencer **C**

11am **Museum Tour Travel Series: Crystal Bridges Exhibition: Men of Steel, Women of Wonder** **R S (W)**

11:15am Balance Class **C**

1pm Bridge **G R**

2pm Gentle Water Aerobics **AC**

2pm Low Vision Activity Group **V**

3pm Ping-Pong **AC**

5-6:30pm Dinner Music with Pianist Harold Chilton **CD**

**23**

10am Exercise for Arthritis DVD **CH1961**

10am Acrylic Painting Class with Linda Hayes **GR R (W)**

10:30am Strength Training **CH1961**

7pm **Let's Have a Little Magic with Alan Burdick!** **C (W)**

**24/31**

8am Church Runs

8:15am Music/8:30am Worship **C CH1961**

11am Rev. David Wiggs – Televised **CH**

12:30pm Razorback Baseball vs. Ole Miss **R (W)**

1pm Monterey Jazz Festival 60th Anniversary Tour **WAC R S (W)** (31st ONLY)

2pm **UA Children's Choir Performance** **PH (W)** (31st)

4:30pm Worship with Rev. Larry Branum, Church of Christ **C CH1961** (24th)

4:30pm Worship with Rev. Douglas Falknor, First Baptist **C CH1961** (31st)

6pm Bocce Ball **LDG**

**25**

**NAME TAG DAY**

8:30am Resistance Training **AC FWC**

9am Yoga/Pilates **AC**

9am-4pm Cognition Testing for Brain Health **C GR**

9:30am H2O Aerobics **AC**

9:30am Circuit Training with Spencer **Canceled**

10am Balance Class **Canceled**

10:30am Line Dancing **PH**

10:30am Hiking with Jennifer **LB R**

1pm Guitar Lessons **CH**

1pm Back Care Class **Canceled**

3:30pm No BTV Chorus Rehearsal Today

4pm It's Your Lucky Day at Cherokee Casino **R S (W)**

4pm Yoga **FWC**

**26**

9am Mah Jongg Class with Linda Smith **G**

9am Walk Away the Pounds **AC**

9am-4pm Cognition Testing for Brain Health **C GR**

9:45am Tai Chi **C**

10:30am Strength and Chair Aerobics **C**

1:30pm Stained Glass Art **AS**

2pm Grief Support Group **V**

2pm Indoor Walking **AC**

7pm Bingo **C**

**27**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **AC**

9:30am H2O Aerobics **AC**

10am Line Dancing **PH**

10:30am Bible Study **C**

11:15am Balance Class **AC**

1pm Clay Creations with Terry Merchant **AS**

1-3pm OLLI Class: Prescription for Life **PH**

1:30pm Back Care Class **C**

2pm Gentle Water Aerobics **AC**

3pm Ping-Pong **AC**

4pm Yoga **FWC**

6pm Newspaper P/U **NW**

7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

**28**

9am Walk Away the Pounds **AC**

9:45am Tai Chi **C**

10:30am Strength and Chair Aerobics **C**

1pm Brain Teasers **HCC**

1:30pm Painting for Pleasure **AS**

2pm Indoor Walking **AC**

4pm Dine With Us at Komodo Modern Asian Cuisine **R S (W)**

**29**

8:30am Resistance Training **FWC**

9am Yoga/Pilates **FWC**

9:30am Coffee/Juice Bar **LB**

10am Town Meeting **PH**

1pm Bridge **G R**

2pm Gentle Water Aerobics **AC**

2pm Low Vision Activity Group **V**

3pm Ping-Pong **AC**

7pm Razorback Baseball vs. Ole Miss **R (W)**

**30**

10am Exercise for Arthritis DVD **CH1961**

10:15am Metropolitan Opera LIVE Presents: Die Walkure by Wagner

10:30am Razorback Cinema **R S (W)**

10:30am Strength Training **CH1961**

2pm Razorback Baseball vs. Ole Miss **R (W)**

2pm **Afternoon Piano Recital with Students of Jaina Cierre** **PH**

5pm **Evening Piano Recital with Students of Linda Rogers** **PH (W)**

7pm Jay Leno **WAC R S (W)**