

BUTTERFIELD LIFE

CALENDAR OF EVENTS

EVENTS • PROGRAMS • ACTIVITIES



Butterfield
TRAIL VILLAGE

JAN 2019

JANUARY VILLAGE EVENTS



**Additional Details About Programs and Events
May be Found at the Information Center**

Thursdays – Diabetes Prevention Series: Prevent T2

Kick off the New Year with useful information to help prevent adult onset, or Type 2, diabetes from becoming an issue in your own life. More than 84 million adults in the U.S. have pre-diabetes, and many don't know it. Join Lifestyle Coach Cat Swenson of the CDC's National Diabetes Prevention Program as she hosts this series of classes for BTV residents. **3pm C(W)**

Friday 4th – Crystal Bridges Museum: Art for a New Understanding

Contemporary Indigenous art comes front and center at Crystal Bridges Museum of American Art with *Art for a New Understanding: Native Voices*,

1950s to Now – a free exhibition on show at the world-class Bentonville museum. This major exhibition presents more than 80 works of art from the 1950s to today, including paintings, photography, video, sculptures and performance art all created by Indigenous U.S. and Canadian artists. They include Shan Goshorn, an artist who creates social critiques through basket weaving, Spiderwoman Theater, three sisters who challenge heavy topics with humor and heart, Athena LaTocha, an artist who created a large-scale mural based on her Northwest Arkansas environmental experience, plus many more.

Depart 1pm R\$(W)

Tuesday 8th – Health and Wellbeing with Dr. Helen McElree: The Flu and You

Join Dr. McElree today for tips and strategies for avoiding and coping with the flu this season.

2pm C(W)

Wednesday 9th – Request Your Museum Punch Card
Butterfield will kick off 2019 with a new Five Fridays Museum Punch Card program. Over the course of the year, residents will visit museums in the tri-state area, receiving a punch on their card for each visit. Those who receive at least five punches will be entered in a drawing for tickets and transportation to the grand opening of the U.S. Marshals Museum in Fort Smith scheduled for this fall. Cards will be ready for pickup on Jan. 9. **1:30pm V**

Thursday 10th – Teaching Technologies

Students from the University of Arkansas will be available to answer technical questions about computers, laptops, iPhones, iPads, emailing and more. Please bring your devices to the Villa Room.

7pm V

Friday 11th – Fort Smith Museum of History

Enjoy lunch today at Bricktown Brewery before we explore the exhibits at the Fort Smith Museum of History. This museum houses a collection that illustrates the contributions of Fort Smith's citizens to the cultural, political and economic development of the area. Established in 1910, the museum is housed at the 1906 Atkinson-Williams Warehouse, listed on the National Register of Historic Places. Enjoy a handmade treat from an old fashioned soda fountain that is part of a working exhibit of a 1920s-1940s era pharmacy. You can also visit the museum gift shop for locally produced pottery, baskets and art, and prints of historic Fort Smith. Admission is \$7pp, payable in the BTV Program Department. Lunch is on your own.

Depart 10:30am R\$(W)

Saturday 12th – Inspired by Beethoven: Kreutzer Sonata with Miho Oda Sakon and Tomoko Kashiwagi

Join us for an inspiring evening of classical music with acclaimed performers Miho Sakon on violin and Tomoko Kashiwagi on piano. Known as the Kreutzer Sonata, Violin Sonata No. 9, Op. 47, by Ludwig van Beethoven is noted for its technical difficulty and emotional scope. **6:30pm PH(W)**

Sunday 13th – In Concert: The Sonshine Quartet

Our normal Sunday evening worship service will be held in the Performance Hall tonight as special guests The Sonshine Quartet minister in music. Many will remember this talented men's quartet from resident Jerry Ratzlaff's memorial service. The quartet's story began when four teenage boys from Gravette (Ark.) High School became spiritual brothers and started a journey of singing and praising the Lord together that still continues today. Brothers Don and Lee Donell along with Steve Tucker and Bruce Wilbanks formed a quartet at the urging of Ratzlaff, who was their school choir director at the time. They began singing in local churches around Northwest Arkansas.

Over the years they have traveled to and performed in many states and say they are blessed to be magnifying the Lord Jesus through song. They have recorded two albums: "To Jesus With Love" and "Reunion." Their unique style is a mixture of Southern gospel and traditional Christian music, with a taste of contemporary and barbershop. The result is a toe tapping, sing-a-long atmosphere where everyone has fun. Tell all your friends and let's pack the house for this amazing performance. There will be CDs available for purchase after the concert, and refreshments will be served. **4:30pm PH(W)**

Monday 14th – The Guy Wilcox Trio

Please welcome Guy Wilcox, his lovely wife, Carolyn, and brother, Jonah Wilcox, tonight as they start the New Year off with songs you are sure to enjoy. Bring a neighbor! **7pm PH(W)**

Wednesday 16th – Arkansas' Jurassic Past with Retired Geologist John David McFarland

Most of Arkansas' fossils are of marine animals, but the fossilized bones of a dinosaur dating back more than 100 million years ago have also been found. John David McFarland, retired Chief Geologist with both the U.S. Geological Survey and the Arkansas Geological Survey, will present an in-depth look at our state's diverse geological past. McFarland, who has published more than 60 abstracts, articles, photographs, guidebooks and reports on Arkansas, will also bring a collection of fossils to view. He is the brother of BTV resident Linda Pinkerton.

2pm PH(W)

Thursday 17th – Original Poetry by Max Sutton and Jim Newman

Residents Max Sutton and Jim Newman will present a two-man performance of their original poetry. Each will bring a variety of pieces which should provide an entertaining evening for all sorts of tastes. Max is a retired English professor from Kansas, while Jim is a former plant manager and retired public school teacher. **7pm PH(W)**

Friday 18th – Fulbright Friday School of Social Work: Bridging the University to Community and Career

Join guest professors from the UA as they present an overview of some of the latest research and programming at the School of Social Work. Alishia Ferguson and J. L. Jennings will discuss an initiative working with African American male college students who are athletes and non-athletes to increase resiliency and owner mindset in order to improve academic and career success. Ananda Rosa and Sara Collie will discuss a fellowship program that provides funding and educational opportunities for graduate students pursuing training in integrated behavioral health. **3pm PH(W)**