

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



TELEVISED FITNESS CLASSES

Monday Through Friday

8:30am Exercise for Arthritis CH1961
9am/4pm Core Strength CH1961



EVENT TYPE & LOCATION SYMBOLS

Aquatic Center AC Convocation C
Art Studio AS Cottages CT
Assisted Living AL Dining D
Bistro B Family Room F
Chapel CH Fitness/Wellness Center FWC
Game G Performance Hall PH
Green Room GR South/North Courtyard SC NC
Library L South/North Wing SW NW
Lobby LB Villa Room V
Lodge LDG Village Homes VH
Cable Channel 1961 CH1961
Fee S
Carriage Club Wait List Welcome W
Sign-up Reservation Required R
Shuttle Service to/from BTV Entrance SS
Alma Performing Arts Center APAC
Arend Arts Center AAC
Arts Center of the Ozarks ACO
Faulkner Performing Arts Center FPAC
Walton Arts Center WAC

Check Lobby Bulletin Boards, or BTV Cable 1960, regarding corrections, cancellations, or additions to this calendar. Notifications will be posted as soon as possible.

8am Church Runs 2
8:15am Music/8:30am Worship C CH1961
11am Rev. David Wiggs - Televised CH
4:30pm Worship with Rector Evan Garner, St. Paul's Episcopal C CH1961
6pm Bocce Ball LDG

NAME TAG DAY 3
8:30am Resistance Training AC FWC
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
10:30am 2nd Floor South V
10:30am Hiking with Jennifer LB
1pm Guitar Lessons CH
1:30pm Back Care Class C
4pm (No BTV Chorus Rehearsal)
4pm 2nd Floor North V
4pm Yoga FWC
6pm Silver Sluggers Baseball: NWA Naturals vs. Arkansas Travelers R S (W)

9am Walk Away the Pounds AC 4
9:45am Tai Chi C
10am 1st Floor South V
10:30am Strength and Chair Aerobics C
10:30am 1st Floor North G
11am Balance Class C
1:30pm Stained Glass Art w/ Sherry Young AS R
2pm Health and Wellbeing Seminar w/ Dr. Helen McElree: The Neurobiology of Aggression C (W)
2pm Line Dancing LDG
4pm Meditation Class FWC
7pm Bingo C

8:30am Resistance Training FWC 5
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
10:30am Bible Study C
11am Communion, FUPC in Springdale CH
1pm Clay Creations with Terry Merchant AS
1:30pm Back Care Class C
4pm Yoga FWC
4pm 3rd Floor North C
6pm Newspaper P/U NW
7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)

8:15am Fayetteville Farmers Market 6
9am Walk Away the Pounds AC
9:45am Tai Chi C
10am Communion, First Baptist Church CH
10:30am 3rd Floor South V
10:30am Strength and Chair Aerobics C
11am Balance Class C
11am Brain Teasers V
1:30pm Painting for Pleasure AS
2pm Line Dancing LDG
7pm Faith Study V
Sneak Peek Performance by NWA Ballet Theatre PH (W)

8:30am Resistance Training FWC 7
9am Yoga/Pilates FWC
9:30am H2O Aerobics AC
10:30am BTV Farmers Market
10:30am Village Homes LDG
11am Cottages V
1pm Bridge C R
1:30pm Back Care Class C
2pm Low Vision Activity Group V

10am Exercise for Arthritis DVD 8
10am Acrylic Painting Class with Linda Hayes GR
10:30am Strength Training DVD CH1961
2pm Memorial Service for Marion Johnson C

8am Church Runs 9
8:15am Music/8:30am Worship C CH1961
11am Rev. David Wiggs - Televised CH
4:30pm Worship with Rev. Larry Branum, Church of Christ C CH1961
6pm Bocce Ball LDG

NAME TAG DAY 10
8:30am Resistance Training AC FWC
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
9:30am Residents Council V
10:30am Hiking with Jennifer LB
1pm Guitar Lessons CH
1:30pm Back Care Class C
4pm (No BTV Chorus Rehearsal)
4pm Yoga FWC

9am Mah Jongg Class with Linda Smith G 11
9am Walk Away the Pounds AC
9:45am Tai Chi C
10:30am Strength and Chair Aerobics C
11am Balance Class C
1:30pm Stained Glass Art w/ Sherry Young AS R
2pm BTV Hosts Walton Art Center's 2019 Artosphere Festival Performance: Sam Reider and The Human Hands PH (W)
2pm Grief Support Group V
2pm Line Dancing LDG
4pm Meditation FWC
4-5:30pm Take Five Tuesday B R
7pm Bingo C

8:30am Resistance Training FWC 12
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
1pm Clay Creations with Terry Merchant AS
1:30pm Back Care Class C
2:30pm The Celebration Singers Youth Choir Presents: Forever Friends PH (W)
4pm Yoga FWC
4pm Dine with Us: Cheers at the Old Post Office, Fayetteville Square R S (W)
6pm Newspaper P/U SW CT VH
7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)

9am Walk Away the Pounds AC 13
9:45am Tai Chi C
10:15am BTV Book Club V
10:30am Strength and Chair Aerobics C
11am Balance Class C
11am Brain Teasers V
1:30pm Painting for Pleasure AS
2pm Line Dancing LDG
7pm Burial Excavations at Cahokia Mounds State Historic Site with UA Anthropologist Jerry Rose PH (W)

8:30am Resistance Training FWC 14
8:30am Museum Travel Series: Oklahoma Aquarium R S (W)
9am Yoga/Pilates FWC
9:30am H2O Aerobics AC
10am-2pm Homespun Hobbies V
10:30am BTV Farmers Market
1pm Bridge C R
1:30pm Back Care Class C
2pm Low Vision Activity Group V
5pm NWA Ballet Theatre Presents NEXT: Classically Contemporary Dance AAC R S (W)
5-6:30pm Dinner Music with Pianist Harold Chilton C D
7pm Good Medicine in Concert PH (W)

10am Exercise for Arthritis DVD 15
10:30am Strength Training DVD CH1961
2:30pm Movie: Oscar PG PH (W)
7pm Movie: Oscar PG PH (W)

HAPPY Father's Day! 16
8am Church Runs
8:15am Music/8:30am Worship C CH1961
11am Rev. David Wiggs - Televised CH
4:30pm Worship with Rev. Larry Branum, Church of Christ C CH1961
6pm Bocce Ball LDG

NAME TAG DAY 17
8:30am Resistance Training AC FWC
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
10am Balance Class C
1pm Guitar Lessons CH
1:30pm Back Care Class C
2:30pm BTV Chorus Rehearsal PH
3:30pm Margarita Monday R S (W)
4pm Yoga FWC
6pm Silver Sluggers Baseball: Naturals vs. Amarillo Sod Poodles R S (W)
7pm Resident Forum PH CH1961

9am Walk Away the Pounds AC 18
9:45am Tai Chi C
10:30am Strength and Chair Aerobics C
10:30am Caregiver Support Meeting V
11am Balance Class C
1:30pm Stained Glass Art w/ Sherry Young AS R
2pm Line Dancing LDG
4pm Meditation FWC
4pm Communion, First United Presbyterian CH
6pm Les Misérables WAC R S (W)
7pm Bingo C

8:30am Resistance Training FWC 19
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
1pm Clay Creations with Terry Merchant AS
1:30pm Back Care Class C
3pm New Resident Group Meeting V
4pm Yoga FWC
6pm Newspaper P/U NW
7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)

8:15am Ace in the Hole Men's Breakfast at Rolling Pin Café R S (W) 20
9am Walk Away the Pounds AC
9:45am Tai Chi C
10am Mass, St. Joseph's CH
10:15am Lunch Outing to The Wooden Spoon R S (W)
10:30am Strength and Chair Aerobics C
10:45am Lunch Outing to The Wooden Spoon R S (W)
11am Balance Class C
1pm Communion, CUMC CH
1pm Brain Teasers V
1:30pm Painting for Pleasure AS
2pm Line Dancing LDG
6:30pm Lodge Dinner R S (W)
7pm Faith Study V

8:30am Resistance Training FWC 21
9am Yoga/Pilates FWC
9:30am H2O Aerobics AC
10:30am BTV Farmers Market
1pm Bridge C R
1:30pm Back Care Class C
2pm Low Vision Activity Group V

10am Exercise for Arthritis DVD 22
10am Acrylic Painting Class with Linda Hayes GR R (W)
10:30am Strength Training CH1961
2:30pm Movie: My Big Fat Greek Wedding PG-13 PH (W)
7pm Movie: My Big Fat Greek Wedding PG-13 PH (W)

8am Church Runs 23
8:15am Music/8:30am Worship C CH1961
11am Rev. David Wiggs - Televised CH
4:30pm Worship with Rev. Larry Branum, Church of Christ C CH1961
6pm Bocce Ball LDG

NAME TAG DAY 24
8:30am Resistance Training AC FWC
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
1pm Guitar Lessons CH
1:30pm Back Care Class C
2:30pm BTV Chorus Rehearsal PH
3:30pm It's Your Lucky Day at Cherokee Casino R S (W)
4pm Yoga FWC
7pm Patriotic Performance by Arkansas Winds Community Concert Band: Red, White and Blue PH (W)

9am Mah Jongg Class with Linda Smith G 25
9am Walk Away the Pounds AC
9:45am Tai Chi C
10:30am Strength and Chair Aerobics C
11am Balance Class C
1:30pm Stained Glass Art w/ Sherry Young AS R
2pm Grief Support Group V
2pm Line Dancing LDG
4pm Meditation FWC
5:30pm French Countryside Dinner Party PH R S
7pm Bingo C

8:30am Resistance Training FWC 26
9am Yoga/Pilates AC
9:30am H2O Aerobics AC
10am Lunch Bunch to Dutch Pantry, Chouteau, Okla. R S (W)
1pm Clay Creations with Terry Merchant AS
1:30pm Back Care Class C
4pm Yoga FWC
6pm Newspaper P/U SW CT VH
6pm Artosphere Festival Orchestra: Romantic Masterworks of Mendelssohn & Brahms WAC R S (W)
7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)

9am Walk Away the Pounds AC 27
9:45am Tai Chi C
10:30am Strength and Chair Aerobics C
11am Balance Class C
1pm Brain Teasers HCC
1:30pm Painting for Pleasure AS
2pm Line Dancing LDG
7pm BTV Foundation Charitable Giving Seminar - Stefanie Marsden, Texas Presbyterian Foundation; Hugh Kincaid and Lisa Higgins, BTV Foundation Board PH (W)

8:30am Resistance Training FWC 28
9am Yoga/Pilates FWC
9:30am Coffee/Juice Bar LB
10am Town Meeting PH
10am-2pm Homespun Hobbies V
10:30am BTV Farmers Market
1pm Bridge C R
1:30pm Back Care Class C
2pm Low Vision Activity Group V
5-6:30pm Dinner Music with Pianist Harold Chilton C D

10am Exercise for Arthritis DVD 29
10:30am Strength Training DVD CH1961
2:30pm Movie: The Proposal PG-13 PH (W)
7pm Movie: The Proposal PG-13 PH (W)