

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**

**EVENT TYPE & LOCATION SYMBOLS**

**TELEVISED FITNESS CLASSES**

**Monday Through Friday**

8:30am Exercise for Arthritis **CH1961**  
 9am/4pm Core Strength **CH1961**

Aquatic Center **AC** Convocation **C** Game **G** Performance Hall **PH**  
 Art Studio **AS** Cottages **CT** Green Room **GR** South/North Courtyard **SC NC**  
 Assisted Living **AL** Dining **D** Library **L** South/North Wing **SW NW**  
 Bistro **B** Family Room **F** Lobby **LB** Villa Room **V**  
 Chapel **CH** Fitness/Wellness Center **FWC** Lodge **LDG** Village Homes **VH**

Cable Channel 1961 **CH1961** Alma Performing Arts Center **APAC**  
 Fee **S** Arend Arts Center **AAC**  
 Carriage Club Wait List Welcome **WV** Arts Center of the Ozarks **ACO**  
 Sign-up Reservation Required **R** Faulkner Performing Arts Center **FPAC**  
 Shuttle Service to/from BTV Entrance **SS** Walton Arts Center **WAC**

Check Lobby Bulletin Boards, or BTV Cable 1960, regarding corrections, cancellations, or additions to this calendar. Notifications will be posted as soon as possible.

8am Church Runs **5**  
 8:15am Music/8:30am Worship **C CH1961**  
 11am Rev. David Wiggs – Televised **CH**  
 4:30pm Worship with Rev. Phil Butin, First United Presbyterian **C CH1961**  
 6pm Bocce Ball **LDG**

**HAPPY MOTHER'S DAY 12**

8am Church Runs  
 8:15am Music/8:30am Worship **C CH1961**  
 11am Rev. David Wiggs – Televised **CH**  
 1:30pm **The Singing Men of Arkansas Present: Our Best and Mom's Requests at Riordan Hall in Bella Vista R S (W)** (Tickets on Sale at [singingmenofarkansas.org](http://singingmenofarkansas.org))  
 4:30pm Worship with Dr. Jan Davis, CUMC **C CH1961**  
 6pm Bocce Ball **LDG**

8am Church Runs **19**  
 8:15am Music/8:30am Worship **C CH1961**  
 11am Rev. David Wiggs – Televised **CH**  
 4:30pm Worship with Rev. Ryan Pfeiffer, First Christian **C CH1961**  
 6pm Bocce Ball **LDG**

8am Church Runs **26**  
 8:15am Music/8:30am Worship **C CH1961**  
 11am Rev. David Wiggs – Televised **CH**  
 4:30pm Worship with Rev. Larry Branum, Church of Christ **C CH1961**  
 6pm Bocce Ball **LDG**

**NAME TAG DAY 6**

8:30am Resistance Training **AC FWC**  
 9am Yoga/Pilates **AC**  
 9:30am H2O Aerobics **AC**  
 9:30am Circuit Training with Spencer **C**  
 10am Balance Class **C**  
 10:30am 2nd Floor South **V**  
 10:30am Hiking with Jennifer **LB**  
 1pm Guitar Lessons **CH**  
 1:30pm Back Care Class **C**  
 2:30pm BTV Chorus Rehearsal **PH**  
 4pm 2nd Floor North **V**  
 4pm Yoga **FWC**  
 4:15pm **Dine with Us at The Preacher's Son R S (W)**  
 6pm Silver Sluggers: NWA Naturals vs. Midland RockHounds **R S (W)**  
 7pm **The Guy Wilcox Trio PH (W)**

**NAME TAG DAY 13**

8:30am Resistance Training **AC FWC**  
 9am Yoga/Pilates **AC**  
 9:30am H2O Aerobics **AC**  
 9:30am Residents Council **V**  
 10am Balance Class **C**  
 10:30am Hiking with Jennifer **LB**  
 1pm Guitar Lessons **CH**  
 1:30pm Back Care Class **C**  
 2:30pm BTV Chorus Rehearsal **PH**  
 4pm Yoga **FWC**  
 6pm Silver Sluggers: NWA Naturals vs. Tulsa Drillers **R S (W)**  
 7pm **Archibald Yell: Soldier, Politician, Patriot with Guest Marilyn Heifner PH (W)**

**NAME TAG DAY 20**

8:30am Resistance Training **AC FWC**  
 9am Yoga/Pilates **AC**  
 9am-12pm **Home Health Resources in the Community PH**  
 9:30am H2O Aerobics **AC**  
 10:30am Hiking with Jennifer **LB**  
 1pm Guitar Lessons **CH**  
 1:30pm Back Care Class **C**  
 2:30pm BTV Chorus Rehearsal **PH**  
 3:30pm Margarita Monday **R S (W)**  
 4pm Yoga **FWC**  
 7pm Resident Forum **PH CH1961**

**NAME TAG DAY 27**

**MEMORIAL DAY**  
**Offices and Transportation are Closed Today**

9am Walk Away the Pounds **AC** **7**  
 9:45am Tai Chi **C**  
 10am 1st Floor South **V**  
 10:30am Strength and Chair Aerobics **C**  
 10:30am 1st Floor North **G**  
 1:30pm Stained Glass Art w/ Sherry Young **AS R**  
 1-3pm OLLI Class: Improving Your Safety in Motor Vehicles **V**  
 2pm **Health and Wellbeing Seminar w/ Dr. Helen McElree: Discrimination and Conflict C (W)**  
 2pm Sign Language Class **AC**  
 4pm Meditation Class **FWC**  
 4pm **State Legislative Session Summary and Q&A with Rep. Denise Garner LDG**  
 7pm Bingo **C**

9am Mah Jongg Class with Linda Smith **G** **14**  
 9am Walk Away the Pounds **AC**  
**Transportation is Closed for Drivers In-Service Training; No Shopping or Medical Runs**  
 9:45am Tai Chi **C**  
 10:30am Strength and Chair Aerobics **C**  
 11am Balance Class **C**  
 1:30pm Stained Glass Art w/ Sherry Young **AS R**  
 2pm Grief Support Group **V**  
 2pm Sign Language Class **AC**  
 4pm Meditation **FWC**  
 4-5:30pm **Take Five Tuesday B R**  
 7pm Bingo **C**

9am Walk Away the Pounds **AC** **21**  
 9:45am Tai Chi **C**  
 10:30am Strength and Chair Aerobics **C**  
 10:30am Caregiver Support Meeting **V**  
 11am Balance Class **C**  
 1:30pm Stained Glass Art w/ Sherry Young **AS R**  
 2-3pm OLLI Class: Signs and Symptoms of Stroke **PH**  
 2pm Sign Language Class **AC**  
 4pm Meditation **FWC**  
 4pm Communion, First United Presbyterian **CH**  
 7pm Bingo **C**

9am Mah Jongg Class with Linda Smith **G** **28**  
 9am Walk Away the Pounds **AC**  
 9:45am Tai Chi **C**  
 10:30am Strength and Chair Aerobics **C**  
 11am Balance Class **C**  
 1:30pm Stained Glass Art w/ Sherry Young **AS R**  
 2pm Sign Language Class **AC**  
 2pm **The Not-So-Scientific Approach to Brain Health with Jennifer Neill PH (W)**  
 2pm Grief Support Group **V**  
 2pm BTV Chorus Rehearsal **PH**  
 3:30pm It's Your Lucky Day at Cherokee Casino **R S (W)**  
 4pm Meditation **FWC**  
 6pm Broadway Series: **CATS WAC R S (W)**  
 6:30pm **Dinner in the Lodge R S S (W)**  
 7pm Bingo **C**

8:30am Resistance Training **FWC** **8**  
 9am Yoga/Pilates **AC**  
 9:30am H2O Aerobics **AC**  
 10:30am Bible Study **C**  
 11am Recyclers Luncheon at Golden Corral **R**  
 11:15am Balance Class **AC**  
 1pm Clay Creations with Terry Merchant **AS**  
 1:30pm Back Care Class **C**  
 2:30pm BTV Chorus Rehearsal **PH**  
 3pm Ping-Pong **AC**  
 4pm Yoga **FWC**  
 6pm Newspaper P/U **NW**  
 6:30pm **Suzuki Violin Concert with Students of Miho Oda Sakon PH (W)**  
 7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

8:30am Resistance Training **FWC** **15**  
 9am Yoga/Pilates **AC**  
 9:30am H2O Aerobics **AC**  
 10:30am Bible Study **C**  
 10:45am **Lunch Bunch to CJ's Butcher Burger Boys R S (W)**  
 1pm Clay Creations with Terry Merchant **AS**  
 1:30pm Back Care Class **C**  
 2:30pm BTV Chorus Rehearsal **PH**  
 3pm New Residents Group Meeting **V**  
 4pm Yoga **FWC**  
 6pm Newspaper P/U **SW CT VH**  
 7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

8am **Mount Magazine State Park R S (W)** **22**  
 8:30am Resistance Training **FWC**  
 9am Yoga/Pilates **AC**  
 9:30am H2O Aerobics **AC**  
 10:30am Bible Study **C**  
 1pm Clay Creations with Terry Merchant **AS**  
 1:30pm Back Care Class **C**  
 2:30pm BTV Chorus Rehearsal **PH**  
 4pm Yoga **FWC**  
 6pm Newspaper P/U **NW**  
 7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

8:30am Resistance Training **FWC** **29**  
 9am Yoga/Pilates **AC**  
 9:30am H2O Aerobics **AC**  
 10:30am Bible Study **C**  
 1pm Clay Creations with Terry Merchant **AS**  
 1:30pm Back Care Class **C**  
 2pm **BTV Chorus Presents Popular Hits of Cole Porter and George Gershwin PH (W)**  
 3pm Guitar Lessons **CH**  
 4pm Yoga **FWC**  
 6pm Newspaper P/U **SW CT VH**  
 7pm Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

8:15am Fayetteville Farmers Market **2**  
 9am Walk Away the Pounds **AC**  
 9:45am Tai Chi **C**  
 10am **National Day of Prayer Service PH (W)**  
 10:30am 3rd Floor South **V**  
 10:30am Strength and Chair Aerobics **C**  
 11:30am **BTV Pen Pal Luncheon LDG R**  
 1pm Brain Teasers **V**  
 1:30pm Painting for Pleasure **AS**  
 2pm Sign Language Class **AC**  
 7pm Faith Study **V**  
 6:30-8:30pm **Honky Tonk Dance with Jumpsuit Jamey and The Can't Wait to Playboys PH R (W)**

8:15am Ace in the Hole Men's Breakfast at Flap Jack's in Springdale **R S (W)** **16**  
 9am Walk Away the Pounds **AC**  
 9:45am Tai Chi **C**  
 10am Mass, St. Joseph's **CH**  
 10am-12pm OLLI Class: An Absolute Beginner's Guide to Genealogy **V**  
 10:30am Strength and Chair Aerobics **C**  
 11am Balance Class **C**  
 1pm Communion, CUMC **CH**  
 1pm Brain Teasers **V**  
 1:30pm Painting for Pleasure **AS**  
 2pm Sign Language Class **AC**  
 7pm Faith Study **V**

9am Walk Away the Pounds **AC** **23**  
 9:45am Tai Chi **C**  
 10am-12pm OLLI Class: An Absolute Beginner's Guide to Genealogy **V**  
 10:30am Strength and Chair Aerobics **C**  
 11am Balance Class **C**  
 1pm Brain Teasers HCC  
 1:30pm Painting for Pleasure **AS**  
 2pm Sign Language Class **AC**

9am Walk Away the Pounds **AC** **30**  
 9:45am Tai Chi **C**  
 10:30am Strength and Chair Aerobics **C**  
 11am Balance Class **C**  
 1pm Brain Teasers **V**  
 1:30pm Painting for Pleasure **AS**  
 2pm Sign Language Class **AC**  
 7pm **Orgiano Duo in Concert PH (W)**

8:30am Resistance Training **FWC** **3**  
 9am Yoga/Pilates **FWC**  
 9:30am H2O Aerobics **AC**  
 10:30am BTV Farmers Market  
 10:30am Village Homes **LDG**  
 10:45am Circuit Training with Spencer **C**  
 11am Cottages **V**  
 11:15am Balance Class **C**  
 1pm Bridge **G R**  
 1:30pm Back Care Class **C**  
 2pm Low Vision Activity Group **V**  
 3pm Ping-Pong **AC**

8:30am Resistance Training **FWC** **17**  
 9am Yoga/Pilates **FWC**  
 9:30am H2O Aerobics **AC**  
 10:30am BTV Farmers Market  
 1pm Bridge **G R**  
 1:30pm Back Care Class **C**  
 2pm Low Vision Activity Group **V**  
 3pm Fulbright Friday **C (W)**  
 5-6:30pm **Dinner Music with Pianist Harold Chilton Arkansas Razorback Baseball vs. LSU R S (W)**  
 7pm **Suzanne and Jim Present: Waltzes, Ballads and Airs PH (W)**

8:30am Resistance Training **FWC** **24**  
 9am Yoga/Pilates **FWC**  
 9:30am Coffee/Juice Bar **LB**  
 10am Town Meeting **PH**  
 10am-2pm Homespun Hobbies **V**  
 10:30am BTV Farmers Market  
 1pm Bridge **G R**  
 1:30pm Back Care Class **C**  
 2pm **Transitioning to the BTV Health Care Center: What You Need to Know PH**  
 2pm Low Vision Activity Group **V**  
 5-6:30pm **Dinner Music with Pianist Harold Chilton C D**

8:30am Resistance Training **FWC** **31**  
 9am Yoga/Pilates **FWC**  
 9:30am H2O Aerobics **AC**  
 10:30am BTV Farmers Market  
 1pm Bridge **G R**  
 1:30pm Back Care Class **C**  
 2pm Low Vision Activity Group **V**

10am Exercise for Arthritis DVD **4**  
 10:30am Strength Training DVD **CH1961**  
 2:30 and 7pm **Movie: Secretariat PG-13 PH**  
 6:15pm **Symphony of Northwest Arkansas (SoNA) Presents Masterworks IV: The Rite of Spring WAC R S (W)**

10am Exercise for Arthritis DVD **11**  
 10am Acrylic Painting Class with Linda Hayes **GR**  
 10:15am Metropolitan Opera Live Presents: *Dialogues des Carmelites* at Razorback Cinema **R S (W)**  
 10:30am Strength Training DVD **CH1961**  
 12pm Arkansas Razorback Baseball vs. LSU **R S (W)**  
 6pm **The Fort Smith Symphony Presents: It's Time For Pictures with Michael McHale R S (W)**  
 2:30 and 7pm **Movie: Green Book PH**

10am Exercise for Arthritis DVD **25**  
 10am Acrylic Painting Class with Linda Hayes **GR R (W)**  
 10:30am Strength Training **CH1961**  
 2:30 and 7pm **Movie: Saving Mr. Banks PG-13 PH**

