SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Kuttertield	MARCH 2024	BTV YouTube Fayetteville Live  BTV YouTube Fayetteville Exercise	Carriage Club Members Welcome Carriage Club Members Welcome/Fee Sign-up Reservation Required   Carriage Club Members Welcome/Fee WS	Game G Performance Hall Library Villa Room V	8:30am Resistance Training WC AC 9am Pilates / Yoga AC 9:15am Tech Help CH1961 9:30am Water Aerobics AC 10:30am Village Homes PH 10:30am Breath/Chair Yoga DG 11am Cottages V 1pm Bridge G R 2pm Ping Pong AC 2pm Movie: Oppenheimer Rated R (Drama) CH1961	1:15 <sup>pm</sup> Cambodian Rock Band T2 IS W 1:30 <sup>pm</sup> Bible Study: Hebrews CH1961 6:30 <sup>pm</sup> Game Night IV
8am Church Runs 8:15am Worship with Roger Langley, Cross Church (21) (2H1961) 11am Rev. David Wiggs – Televised (2H) 4:30pm Worship with Rev. Dr. Ryan Pfeiffer, First Christian (2H) (2H1961) 5pm Bean Bag Toss (2H)	NAME TAG DAY  8:30am Resistance Training War Ag  9am Pilates / Yoga War  9:30am Tai Chi Form Dg  10:30am 2nd Floor South V  12pm Silver Slugger Membership Form Deadline  1pm Clay Class As 2pm Partner's Hand and Foot G R  3pm 2nd Floor North DH  3:45pm Yoga DG  WAC 2024 - 2025 Broadway Season Sneak Preview for Subscribers ONLY!	9am Get Fit with Jennifer Get Stained Glass Workshop with Sherry Young AS Get New! Aux Arcs to Ozarks: A Regional History and Travel Series – Origins of the Ozark Landscape with Dr. Matt Covington, UA Associate Professor of Geology Chromia Therapy Group Stained Dr. Stained Glass Workshop with Sherry Young AS Get Movement and Motion Get New! Aux Arcs to Ozarks: A Regional History and Travel Series – Origins of the Ozark Landscape with Dr. Matt Covington, UA Associate Professor of Geology Chromia Therapy Group Stained Dr. Stained Glass Workshop with Dr. Matt Covington, UA Associate Professor of Geology Chromia Therapy Group Stained Grant Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Covington, UA Associate Professor of Geology Chromia Therapy Group Matter Chromia Therapy Group	8:30am 9am 9:15am 9:30am 9:30am 9:30am 9:30am 10:30am	9-45am Get Fit with Jennifer   9:45am Tai Chi   10:30am Balance Essentials   10:30am Srd Floor South   1-2pm Movement and Motion   1-2pm Mah Jongg with Judy Cole and Jacqueline King   2pm Aux Arcs to Ozarks: A History and Travel Series – The Old Ozarks with Dr. Brooks R. Blevins, Missouri State   University History Department   1-2pm Mah Jongg with Gay Harp   3-2pm Mah Jongg with Gay Harp   4pm Line Dancing   3-2pm Mah Jongg with Gay Harp   3-2pm Mah Jongg with Mah Mah Mah Mah Mah Mah Mah Mah Mah Ma	8:30am Pilates / Yoga AG 9am-12pm Pilates / Yoga AG 9:30am Pilates / Yoga AG Pilates /	10am Acrylic Painting Class with Linda Hayes  10:30am Metropolitan Opera LIVE in HD: La Forza Del Destino at Malco Theatre  S (VV)  1:30pm Bible Study: Hebrews CH1961 6:30pm Game Night  C V  Daylight Savings Time begins. Turn clocks forward one hour at bedtime!
8am Church Runs 8:15am Worship with Roger Langley, Cross Church PH CH1961  11am Rev. David Wiggs – Televised CH 1-5pm Birthday Party for Carolyn Smart LDG Miho Oda Sakon Violin Recital PH WY 4:30pm Worship with Rev. Greg Gibson, Christ Church of NWA PH CH1961  5pm Bean Bag Toss LDG 6pm Bunco C	NAME TAG DAY  8:30am Resistance Training We AG  9am Pilates / Yoga We  9:30am Tai Chi Form DC  9:30am Water Aerobics AG  10am Bible Study with Kim Witte GR  10am Resident Council Meeting Resident Council Meeting CH  Shiloh Museum: Housing the Human and the Sacred – A Digital Experience of the Architecture of Fay Jones Resident Council Meeting CH  1pm Shiloh Museum: Housing the Human and the Sacred – A Digital Experience of the Architecture of Fay Jones ROWS  1pm Clay Class AS  2pm Ping Pong AG  2pm Partner's Hand and Foot GR  3:30pm BTV Music Jam Session CH WWS  3:45pm Yoga DC	9am Get Fit with Jennifer LDG 9:15am Tech Help CHIPGII 9:45am Tai Chi LDG 10am HCC Committee V 10:30am Balance Essentials LDG 1pm Stained Glass Workshop with Sherry Young AS C 1-2pm Movement and Motion LDG 1-2pm Insomnia Therapy Group V 4pm Line Dancing LDG 6pm 10x10 Series: Drum Tao C S W	Resistance Training  9am  9ilates / Yoga AC  9:15am  9:30am  9:30am  10:30am  10:30a	8:30am/3:30pm Exercise for Arthritis CH1961 9am Get Fit with Jennifer DG 9:15am Tech Help CH1961 9:45am Tai Chi DG 10:30am Balance Essentials DG 1pm Mah Jongg with Judy Cole and Jacqueline King G	8:30am Resistance Training WC AC Pilates / Yoga AC 9:15am Tech Help CH1961 Boxing with Ed AC Water Aerobics AC Breath/Chair Yoga Toga Bridge G IZ Fayetteville Public Library Response Fulbright Friday: Barry Ward, Department of Philosophy – Distinguishing Real Science from Fake Science IZI CVD Movie: All the Light We Cannot See – Ep. 1 & 2 Rated PG13 (Drama) CH1961 Toga Movie: All the Light We Cannot See – Ep. 3 & 4 Rated PG13 (Drama) CH1961	10am Exercise for Arthritis CH1961 10:30am Strength Training CH1961 1:30pm Bible Study: Hebrews CH1961 6:30pm Game Night C V 6:30pm U.S. Navy Band Sea Chanters Concert WAG IX WY
St. Patrick's Day  8 <sup>am</sup> Church Runs 8:15 <sup>am</sup> Worship with Roger Langley, Cross Church PH CH1961  11 <sup>am</sup> Rev. David Wiggs – Televised CH 4:30 <sup>pm</sup> Worship with Rev. Dr. Jennie Williams-CUMC PH CH1961  5 <sup>pm</sup> Bean Bag Toss	NAME TAG DAY  8:30am Resistance Training We Ac 9am Pilates / Yoga We 9:30am Water Aerobics Ac 9:30am Tai Chi Form DG 10am Bible Study with Kim Witte 10:30am Hiking with Jennifer RS We 1pm Clay Class AS 2pm Ping Pong Ac 2pm Partner's Hand and Foot GR 3pm Margarita Monday RS We 3:45pm Yoga DG 7pm Resident Forum PH CH1961	First Day of Spring  9am Get Fit with Jennifer 9:15am Tech Help CHISGI 9:45am Tai Chi Loc 10:30am Balance Essentials 1pm Stained Glass Workshop with Sherry Young AS IR 1-2pm Movement and Motion Loc 2pm Insomnia Therapy Group V 4pm Line Dancing Loc 7pm Bingo PI	8:30am  U.S. Marshals Museum and Lunch at Rolando's Restaurante (Latin Cuisine) Resistance Training WC AC Pilates / Yoga AC Water Aerobics AC Bible Study: Hebrews IPH Breath/Chair Yoga IDC Shopping Series: Scottsdale Center - Rogers IDC Ping Pong AC New Resident Group Meeting Mah Jongg IDC AC Mah Jongg IDC Lecture Series: The Great Tours: Iceland CH1961	8:15am Ace in the Hole Men's Breakfast  - Sunset Grill S WY  9am Get Fit with Jennifer DG  9:15am Tech Help GH19G1  9:45am Tai Chi DG  10:30am Balance Essentials DG  1pm Mah Jongg with Judy Cole and Jacqueline King G  1-2pm Movement and Motion DG  4pm Line Dancing DG  4:30pm Diner's Club to Outback Steakhouse  S WY  6:30pm Mah Jongg with Gay Harp C	8:30am Resistance Training LVC AC 9am Pilates / Yoga AC 9:15am Tech Help CH1961 9:30am Boxing with Ed AC 10:30am Breath/Chair Yoga LDC 1pm Bridge C C 2pm Ping Pong AC 2pm Movie: Barbie Rated PG13 (Comedy, Fantasy)	10am Exercise for Arthritis 10am Acrylic Painting Class with Linda Hayes ▼ 11:25am Metropolitan Opera LIVE in HD: Romeo et Juliette at Malco Theatre □ □ □ □ □ □ □ 1:30pm Bible Study: Hebrews □ □ □ □ 6:30pm Game Night □ ▼
Ram Church Runs 8:15am Worship with Roger Langley, Cross Church PH CH1961  11am Rev. David Wiggs – Televised CH 4:30pm Worship with Rev. Doug Falknor, First Baptist (24th) PH CH1961  4:30pm Worship with Rev. Dr. Susan Arnold, First Presbyterian, Springdale (31st) PH CH1961  5pm Bean Bag Toss	Resistance Training We Ac  9am Pilates / Yoga We  9:30am Water Aerobics Ac  9:30am Tai Chi Form Dc  10:30am Hiking with Jennifer RW  1:30pm OLLI Class: Conservation – A  3:30pm Recent Activity PI  2pm Ping Pong Ac  2pm Partner's Hand and Foot R  3:30pm BTV Music Jam Session PI W	9am Get Fit with Jennifer DG 9:15am Tech Help CH19G1 9:45am Tai Chi DC 10:30am Balance Essentials DG Stained Glass Workshop with Sherry Young AS CI 1-2pm Movement and Motion CI 1-2pm Insomnia Therapy Group VI 3pm St. Paul's Episcopal Church Eucharist OLLI Class: Conservation- A Recent Activity PH WVI 4pm Line Dancing DC 4pm Total Fitness: Everything You Need for a Great Workout CH19G1 6pm Broadway Series: Aladdin CIS WAC WVI 7pm Bingo DH	Resistance Training AC Aux Arcs to Ozarks: A History and Travel Series – Hobbs State Park & War Eagle [2] (W) Pilates / Yoga AC 9:15am 9:30am 9:30am 9:30am 10:30am 10	9am Get Fit with Jennifer DG 9:15am Tech Help CHI961 9:45am Tai Chi DG 10:30am Balance Essentials DG 1pm Mah Jongg with Judy Cole and Jacqueline King CG 1-2pm Movement and Motion DG 2pm Connections Club V 4pm Line Dancing DG 6:30pm Mah Jongg with Gay Harp CG	Good Friday  8:30am Resistance Training WC AC  9:15am Pilates / Yoga AC  9:15am Tech Help CH1961  9:30am Boxing with Ed AC  10am Town Meeting PH CH1961 YTL  10:30am Breath/Chair Yoga LDG  1pm Bridge G ID  1pm Town Meeting CH1961 YTL  2pm Ping Pong AC  2pm Ping Pong AC  2pm The Road Dance Rated PG (Historical Drama) CH1961  4pm Resident Happy Hour, BYOB and Snacks LDG	10 <sup>am</sup> Acrylic Painting Class with Linda Hayes V  1:15 <sup>pm</sup> Laughs in Spanish 72 IS W  1:30 <sup>pm</sup> Bible Study: Hebrews CH1961  6:30 <sup>pm</sup> Game Night G V