

BUTTERFIELD

LIFE

EVENTS | PROGRAMS | ACTIVITIES



MARCH 2024



CALENDAR


OF EVENTS



**Monday 4th – *Silver Slugger* Membership Forms DUE**  
We are pleased to provide transportation for Arkansas Naturals Baseball games, which is limited to the *Silver Slugger Package* choices only. Be sure to pick up your membership form – and then complete and return it to the Transportation Desk, along with your check made payable to NWA Naturals. The deadline to return forms is today at noon.



**Monday 4th – WAC 2024-2025 Broadway Season Sneak Preview for Subscribers ONLY!**  
Broadway Season subscribers are invited to attend this *private* invitation to catch sneak previews of the upcoming shows for the 2024-2025 Broadway Series. This is your chance to review your membership, renew your membership and pay for your subscription. There will be a reception following this presentation. Seating is limited, so sign up early. Remember, BTV transportation only runs on show opening nights. **Depart 6pm**  


**Tuesday 5th – New! Aux Arcs to Ozarks: A Regional History and Travel Series – *Origins of the Ozark Landscape* with Dr. Matt Covington, UA Associate Professor of Geology**  
Geologist Matt Covington will kick off our Aux Arcs to Ozarks Series, as he explains the events and forces that developed the Ozark Plateaus long ago, where there were shallow oceans and rivers and Earth’s continents had an entirely different configuration than today. Our current landscape largely resulted from the different rates and patterns of erosion that have occurred within the varied types of rocks in the Ozarks. As much as we do know, ongoing scientific research is still trying to determine how the Ozarks have remained so long as a topographic high despite a lack of tectonic uplift in many millions of years. Covington will discuss the Karst regions of the Ozarks, a terrain containing caves and springs that develop in rocks which dissolve relatively easily. Here, the karst forms in the limestones and dolomites that were deposited so long ago in shallow seas. **2pm**  







**Wednesdays in March – Shopping Series**  
With springtime coming on fast, we are providing a chance for those interested to branch out of the Fayetteville area for shopping. Refer to the calendar for specific locations. **Depart 1pm** 



**Thursday 7th – Aux Arcs to Ozarks: A Regional History and Travel Series – *The Old Ozarks* with Dr. Brooks R. Blevins, Missouri State University History Department**  
“Geologic forces raised the Ozarks. Myth enshrouds these Ozarks.” Brooks Blevins is the Noel Boyd Professor of Ozarks Studies at Missouri State University, and he will lecture on *The Old Ozarks* and the region’s fascinating myths. From the days when the hill country was the hunting ground of the Osage to the log-cabin bear hunters and pioneers of the early 1800s, Blevins introduces you to the Ozarks as it was before the Civil War. **2pm**  



**Thursday 7th – A Seminar on The Basics of Sleep with Helen McElree, PhD**  
The brain is the most complicated organ in the human body, and its induction and management of sleep is one of the brain’s most complicated and important functions. In this seminar by Dr. Helen McElree, you will learn some basics about sleep architecture – or what happens during the four stages of sleep, physiological and mental impairment resulting from poor sleep and why good sleep is so necessary. Hear about the mystery of dreaming and why you spend about one-third of your life in a state of slumber. **7pm**  


**Friday 8th – Let’s Celebrate! Butterfield Trail Village Turns 38!**  
Butterfield is unique because of the initiative behind its creation. A long-range planning committee that eventually led to the first conception of the Village was formed in 1977, and broad-based community involvement starting in 1981 led to the first movement toward incorporation. Construction of the first campus buildings began in 1984. Please join staff and residents as they share personal historical accounts – and we celebrate the 38th anniversary of Butterfield Trail Village. **PH** 

**Friday 8th – Asher Armstrong, Pianist in Concert**  
Please welcome back American pianist Asher Armstrong. A strong advocate for women’s music, his captivating program will feature little-known works by composers Varvara Gaigerova and Ilse Fromm-Michaels, as well as substantial offerings by J. S. Bach and Johannes Brahms. **7pm**  




**Saturdays! Game Night!**  
New and veteran residents are welcome to join in a variety of open-table games! **6:30pm**  




**Sunday 10th – Miho Oda Sakon Presents Modern and Baroque Violin + Student Recital**  
Miho is the principal second violinist with the Symphony of Northwest Arkansas. She has been an enthusiastic participant since the inception of SoNA’s *ImagiMusic* education program, is a member of the Artosphere Festival Orchestra and is an artist-in-residence at the Suzuki Music School of Arkansas (SMSA). Miho will play Modern and Baroque Violin to demonstrate the differences between the instruments. The student recital portion of the program will include Bach’s unaccompanied Violin *Partita No. 1*; Telemann *Fantasia No. 5, 6, 7 and 8* violin folk songs. **3pm**  




**Monday 11th – Shiloh Museum of Ozark History: *Housing the Human and the Sacred - A Digital Experience of the Architecture of Fay Jones***  
The Shiloh Museum is hosting *A Digital Experience of the Architecture of Fay Jones*, an interactive exhibit featuring gaming technology that uses a touch screen to enable exploration of Jones’ architecture in three dimensions. The kiosk is a project by University of Arkansas students and faculty from the Fay Jones School of Architecture and Design and the Tesseract Center for Immersive Environments and Game Design in the Fulbright College of Arts and Sciences. Arkansas native Jones is a University of Arkansas alumnus and was a longtime Fayetteville resident. **Depart 1pm**  

**Friday 15th – Fulbright Friday: Professor Barry Ward, Philosophy Department Vice-Chair, presents *Distinguishing Real Science from Fake Science***  
Meet and hear from Professor Ward as he explains the method used to distinguish between fake science and real science. **3pm**  




**Saturday 16th – U.S. Navy Band Sea Chanters Concert**  
The Navy Band Sea Chanters are the United States Navy’s official chorus, performing various music that includes traditional choral music, sea chanteys, patriotic fare, opera, Broadway and contemporary music. The Sea Chanters perform national tours for the public in Washington, D.C., and throughout the United States. Join us tonight as BTV residents get to hear this exceptionally talented group at the Walton Arts Center.


Ticket reservations are limited, and we have just 20 FREE tickets. Sign up early – once these tickets are claimed, we can’t get more. Depart **6:30pm**   

**Monday 18th – Hiking with Jennifer Spring Season Kick-Off!**  
Join Fitness and Wellness Director Jennifer Neill for our first spring hiking trip. Meet in the lobby, bring your walking sticks, wear good shoes – and be ready for some exciting nature as we indulge in a buffet of the beauty to mark the changing season while we get fit. Lunch plans will be detailed on the sign-up sheets. Monday hiking trips will continue into June. **Depart 10:30am**   

**Monday 18th – Margarita Monday**  
Cocktails and laughs await us this afternoon! Our destination is Mariachi’s in the NWA Mall for friendly conversation, delicious appetizers and the best margaritas in town. **Depart 3pm**   

**Wednesday 20th - U.S. Marshal’s Museum and Lunch at Rolando’s Restaurante**  
By popular request, we will again visit the U.S. Marshals Museum, a world-class facility on the banks of the Arkansas River in Ft. Smith. The museum tells the story of our nation’s Marshals, established in 1789. After our self-guided tour, enjoy tasty Latin Cuisine at Rolando’s. Lunch is on your own. **Depart 8:30am**  **\$13 Residents: MSF; Carriage Club call 479-695-8007 to pay with CC.** 

**Wednesday, 27th – Aux Arcs to Ozarks: A History and Travel Series Visits Hobbs State Park & War Eagle Cavern**  
To follow-up on the Ozarks presentation by Dr. Matt Covington, come along for a day trip to Hobbs State Park and War Eagle Cavern for a guided tour to further understand the Ozark Plateau terrain and its special caves and springs that develop within our rocks. Enjoy lunch at Prairie Creek. **Depart 9am**   

**Thursday, 28th – Connections Club**  
Resident Social Worker Heather Edge will host a new class on the last Thursday of each month. This Connections Club is a casual get-together to share helpful information, knowledge and guidance on adjusting to the different phases of life at Butterfield. All residents are welcome! **2pm** 

**For more information about programs and events, please contact Riki Stamps at (479) 695-8003 or Michael Burks at (479) 695-8072**

