# Week 5 Menu April 29<sup>th</sup> – May 5<sup>th</sup>

#### **MONDAY 4/29**

Greek Fisherman's Soup ϠΔV
Peach, Feta & Tomato ΔV
Stuffed Peppers Θ
Grilled Yellow Squash ΔV
Au Gratin Potatoes Δ
Herb Roasted Pork Loin
Rosemary Pork Sauce 
Brown Rice & Quinoa ΔV
Grilled Portabella Swiss Steak ΔΔV
Sauteed Fresh Spinach & Garlic ΔV
Grilled BBQ Shrimp ϠΔ

## FRIDAY 5/3

Stuffed Pepper Soup O
Broccoli, Carrot & Raisin Salad OΔV
Mesquite Drumstick
Carrots, Peas, Corn, Lima ΔV
Fiesta Rice
Red Snapper with Mango Salsa ϠΔV
Baked Beans
Smoked BBQ Ribs
BBQ Sauce
Turnip Greens
BBQ Bread
Carving: Smoked Sausage

## **TUESDAY 4/30**

Greek Fisherman's Soup ϠΔV
Peach, Feta & Tomato ΔV
Cornbread Stuffing ♣Δ
Roasted Turkey Δ
Turkey Gravy ♣
Whipped Potatoes Δ
Turkey & Brown Gravy ♣
Meatloaf ♣Θ
Peppers & Onions Tomato Sauce
Green Bean Casserole ♣Δ
Fried Mushrooms ♣

## **SATURDAY 5/4**

Ham & Navy Bean Soup
Seafood Vinegar Cucumber Salad Ϡ
Au Gratin Potatoes △Θ
Swiss Chopped Steak △
Grilled Pork Chops
Sauteed Onions & Mushrooms
Broccoli, Green Beans, Carrots & Peppers
Rice & Kidney Beans
Chicken Etouffee 

Collard Greens ΔV
Edamame & Corn Succotash ΔV

## WEDNESDAY 5/1

Stuffed Pepper Soup ⊙

Mexican Street Corn Salad △

Cheese Enchiladas \$△V

Pork Tamales

Grilled Zucchini △V

Ranch Beans △V

Latin Rice △V

Flour Tortillas \$

Taco Shells

Beef Taco Meat

Nacho Cheese Sauce △

Toppings Bar

Fresh Chicken & Vegetable Fajitas

#### SUNDAY 5/5

Minestrone Soup \$
Couscous, Arugula, Tomato & Lemon
\$⊙ΔV
Mashed Potatoes △
Chicken Fried Steak \$⊙
Biscuits & Gravy \$△
Cobb Corn
Greens Beans
Rice Pilaf
Cajun Crab Cakes \$Э⊙
Roasted Asparagus △
Bacon & Sausage
Sweet Potato Casserole △⊙
Carving: Apple Ham

## **THURSDAY 5/2**

Stuffed Pepper Soup ⊙
Broccoli, Carrot & Raisin Salad ⊙ΔV
Vegetable Couscous 

Sweet Chili Salmon 

Steamed Broccoli

Jasmine Rice

Peppered Steak 

Midori Vegetables

Chicken Skewer

Peanut Sauce & Scallions 

Crab Rangoon 

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