| Grilled Chicken | $\$ 3.00$ | Grilled Shrimp | $\$ 6.00$ |
| :--- | :--- | :--- | :--- |
| Chicken Tender | $\$ 3.00$ | Grilled Salmon | $\$ 6.00$ |

## Small Salad \$3.00 <br> Fruit or Soup Bowl \$1.50

## -STEAKS \& ChOPS-

includes salad bar, two side items and a dessert

- $\triangle$ Peach Pork Chop $\$ 12$
over ancient grains and kale rice blend cinnamon glazed peaches

12 oz Ribeye $\$ 21$ served with horseradish sauce

Steak Ordering Guide
Rare-Very Red, Cool Center; Medium Rare-Red; Warm Center Medium-Pink, Hot Center Medium Well-Dull Pink Center; Well-Cooked Throughout
There is a risk associated with consuming raw seafood or other raw protein.

## -BURGERS-

includes salad bar, two side items and a dessert with lettuce, tomato, pickle, onions, optional- bacon, american, cheddar, swiss cheese

Angus Burger \$9<br>Turkey Burger \$9

Veggie Burger \$9
-FAVORITES—
Chicken Tenders \$9 served with honey mustard dressing

Fried Catfish \$10 hushpuppies, tartar sauce

Fried Shrimp \$12 served with sweet cocktail sauce

Coconut Shrimp \$12 served with sweet chili sauce

# -Heart Healthy- 

 includes salad bar, two side items and a dessert- A Grilled Chicken Breast \$9 served over cilantro lime rice and corn

> served with capper butter sauce $\$ 12$ SMaple Bourbon Shrimp $\$ 12$ multi-grain orzo, garbanzo \& kale blend bourbon sauce

## -VEGETARIANincludes salad bar, two side items and a dessert

(0)Fiesta Bowl \$10.50

Fiesta rice, black bean, corn, vegetarian meat, guac, sour cream, cheese, pico de gallo, lettuce


Additional side items $\$ 1.50$

| Baked Potato | French Fries | Green Beans |
| :--- | :--- | :--- |
| Baked Sweet Potato | Sweet Potato Fries | Asparagus |
| Whipped Potatoes | Onion Rings | Broccoli |
| Healthy $\quad$ Gluten Free $\quad \Delta$ Mediterranean | ©Vegetarian |  |

