Independent Living Menu Week 6

Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd	Saturday 23rd	Sunday 24th
Roasted Cauliflower Soup	Roasted Cauliflower Soup	Roasted Cauliflower Soup	Lentil Soup	Lentil Soup	Lentil Soup	Soup of the Day
Shaved Brussels Sprouts	Shaved Brussels Sprouts	Exotic Peach Salad	Exotic Peach Salad	Three Bean Salad	Three Bean Salad	Salad of the Day
Chicken Enchiladas Casserole	Pork Tenderloin Hoisin Sauce	BBQ Chicken Leg Carolina BBQ Sauce	Chicken Schnitzel Lemon Wedges	Swedish Meatballs	Chicken Etouffee	Roasted Salmon Strawberry Balsamic
Carne Asada Chimichurri Sauce	Blackened Shrimp Cajun Cream Sauce	Stuffed Pepper Tomato Fennel Sauce	Beef Stroganoff Brown Cream Sauce	Pecan Crusted Sole Bourbon Pecan Sauce	Pork Fritter Light Pork Gravy	Glazed Ham
Fiesta Corn	Garlic Potatoes	Macaroni & Cheese	Lemon Rice	Sweet Potato	Dirty Rice	Rice Pilaf
Pinto Beans	Cajun Pasta	Au Gratin Potatoes	Rotini Pasta	Edamame & Corn Succotash	Whipped Potatoes	Candied Yams
Peppers & Onions	Bok Choy	Fried Okra	Country Green Beans	Steamed Broccoli	Italian Vegetables	Cheddar Cauliflower
Grilled Zucchini	Turnip Greens	Buttered Carrots	Sautéed Spinach	Haricot Green Beans	Sautéed Mushrooms	Grilled Asparagus