

Week 2 Menu

January 27th – February 2nd

MONDAY 1/27

Kidney Bean Chili
Potato Salad ○
Coconut Rice
Kalua Pork & Pineapple
Broccoli Δ
Whipped Potatoes △
Chicken Fried Steak ‡○
White Gravy △
Peas
Baked Chicken Carbonara Pasta ‡△○

TUESDAY 1/28

Kidney Bean Chili
Apple, Walnut, Raisin Salad 6
Roasted Baby Potatoes
Bacon & Cheddar BBQ Chicken △
BBQ Sauce
Roasted Cauliflower Δ
Mac & Cheese ‡○△
Blackened Mahi Mahi
Italian Sausage, Pepper, Onions, Marinara
Sautéed Fresh Greens Δ
Sesame Bread ‡

WEDNESDAY 1/29

Kidney Bean Chili
Apple, Walnut, Raisin Salad 6
Pinto Beans
Cilantro Lime Chicken Thighs
Roasted Corn & Peppers
Fried Potatoes & Onions
Latin Rice with Red Peppers
Corn Tortillas
Asada Steak Taco Meat
Grilled Asparagus Δ
Zucchini Fajitas V
Garlic Shrimp Fajita Station

THURSDAY 1/30

Tomato Basil Bisque △
Butternut, Cranberries, Feta Salad △△
Whipped Potatoes △
Meatloaf ‡○
Cornbread Dressing ‡○
Roasted Turkey
Turkey Gravy
Cranberry Sauce
Green Bean Casserole ‡△
Apple Spiced Pork Chops
Roasted Brussels & Butternut Squash Δ

FRIDAY 1/31

Tomato Basil Bisque △
Butternut, Cranberries, Feta Salad △△
Rice Pilaf
Olive Greek Chicken Quarters
Roasted Artichoke Hearts
Penne Pasta ‡○
Wine Braised Beef
Yellow Squash Casserole ‡△○V
Beer Batter Cod Bass ‡
Tartar Sauce △○
Carving: Sun Dried Tomato Turkey

SATURDAY 2/1

Tomato Basil Bisque △
White Bean & Tuna Salad ○
Garlic Mashed Potatoes △
Creamy Parmesan Chicken △
Mixed Vegetables
Spaghetti Pasta ‡○
Pork & Beef Meatballs ‡○
Grilled Zucchini Δ
Vegetarian Meat Sauce V
Garlic Knots ‡△

SUNDAY 2/2

Soup of the Day
White Bean & Tuna Salad
Candied Yam Casserole 6△
Honey Glazed Pit Ham
Whipped Potatoes △
Fried Chicken ‡
Country Green Beans
Ancient Grains & Kale ΔV
Salmon w/ Hollandaise △○
Pancakes & Syrup ‡△○
Bacon & Sausage
Broccoli & Cheddar Quiche ‡△○
Carving: Smoked Brisket



‡ Gluten

‡ Shellfish

6 Tree Nuts

△ Dairy

○ Egg

△ Medit

Vegetarian