

BUTTERFIELD LIFE

CALENDAR OF EVENTS

EVENTS • PROGRAMS • ACTIVITIES



Butterfield
TRAIL VILLAGE

OCT 2018

OCTOBER VILLAGE EVENTS



BREAST
CANCER
AWARENESS
MONTH

Additional Details
About Programs and
Events May be Found at
the Information Center

Tuesday 2nd – Health and Wellbeing with Dr. Helen McElree

Residents are invited to an informative lecture presented by Dr. Helen McElree, professor of biology, called the Wonderous Digestive Tract. With a passion for health education, Dr. McElree's lectures on living well are always a valuable source of information. **2pm C (W)**

Thursday 4th – Spring International Language Center Student Luncheon

This casual event is geared toward providing University of Arkansas students from all over the world an opportunity to practice their conversational English, learn about our culture and share theirs. A light lunch will be provided. **12pm C R**

Friday 5th, 19th & 26th – Tour the Town Travel Series

Join us for a new fall travel series focusing on the incredible growth of the region. We begin with a look at our hometown Fayetteville on the 5th, followed by a tour of Springdale on the 19th, and Rogers on the 26th. **Depart 1pm R (W)**

Friday 5th – John Denner in Concert

John Denner has shared the stage with The Booth Brothers, The Inspirations, Greater Vision, The Calvarymen, The Foresters and many others. Tonight he will perform gospel and blues. **6:30pm PH (W)**

Monday 8th – Electric Cooperatives of Arkansas: Bringing Power to Guatemala

Line workers from the Electric Cooperatives of

Arkansas completed a three-week mission this spring to bring electricity to two remote Guatemalan villages near the Mexican border, resulting in more than 100 villagers having power for the very first time. Join Rob Roedel, corporate communications manager for ECA, as he shares this and other success stories of bringing rural communities onto the power grid. **7pm PH (W)**

Tuesday 9th – Take 5 Tuesday

Join your friends and neighbors at the BTV Bistro for this casual monthly gathering with light hors d'oeuvres, wine, socializing and laughter. **4-5:30pm B R**

Thursday 11th – Autumn Breeze Dinner and Dance

You're invited this evening to an elegant fall dinner and dance featuring the talented William Reyes Band. Enjoy a cocktail social, soft live music and a delicious pre-plated, three-course dinner in a lovely fall atmosphere. Reservations and entrée choice are required. **5:30pm PH R (W) Flex\$**

Friday 12th – Branson's Sight & Sound Theatre Presents: Samson

Samson defeated an entire army and slayed a lion with his bare hands. His strength is not just a coincidence, but a divine purpose. Take a journey with this unlikely Bible hero as he battles his enemies and his own personal calling. Tickets are \$55pp, payable in the BTV Program Department. **Depart 12:30pm R \$ (W)**

Tuesday 16th – Campfire Classics with Coop

Join us for chili hotdogs, s'mores and classic country music performed around the campfire. Acoustical guitarist Gary "Coop" Cooper will sing country and gospel favorites while we enjoy a casual time with friends. **5:30pm SC R (W)**

Thursday 18th – Spanker Creek Arts & Crafts Fair

Northwest Arkansas celebrates its famous fall arts and craft fair season across the region, and today we head to the Spanker Creek Farm Arts & Crafts Festival in Bella Vista. Afterward, we'll stop for lunch before returning to the Village. **9am R \$ (W)**

Thursday 18th – Positively Pink Breast Cancer Awareness Luncheon

In recognition of national Breast Cancer Awareness Month we honor survivors and warriors by inviting them to come together for this special event providing support through inspiring stories of strength and courage. Enjoy a complimentary lunch, door prizes, and awards for the Best Whimsical Pink Outfit and Best Pinked-Out Table. Reservations are required and seating is limited. Contact Riki Stamps at rstamps@btvillage.org, or (479) 695-8073. **11:30am PH R (W)**

Friday 19th – Fulbright Friday: The Parents and City of King Tut

Please welcome Anthropologist Jerry Rose for a fascinating presentation about the infamous Egyptian Pharaoh King Tut, his city and his parents, Pharaoh Akhenaten and Queen Nefertiti. Rose, a UA Middle Eastern Studies professor and Butterfield resident, has worked at some of the world's oldest archeological sites. **3pm C (W)**

Tuesday 23rd – Southern Gospel Musical with Tom and Debbie Smith

Join us for an afternoon of fine Southern gospel music with pastor, former missionary to the Philippines, and recently retired Air Force Chaplain Col. Tom Smith, who will be joined on stage by his wife Debbie. Tom will have two of his gospel CDs available, featuring duets with Jim Murray, one of Elvis Presley's original backup singers. **3pm PH (W)**

Wednesday 24th – BTV Foundation: Jail and Bail

Jail and Bail is a hilarious fundraiser that will bring together the Village's "most wanted" to support the BTV Employee Scholarship Fund. Volunteer "jailbirds" will serve time in a mock jail and be brought before a "judge" on outlandish charges, such as trafficking caffeine. Jailbirds will be ordered to raise bail in the form of donations and pledges. For those who prefer not to be behind bars, there will be opportunities to pay a fee and have "arrest warrants" issued for others. We encourage BTV board members, residents and staff to take part and have their family, friends and co-workers ready to bail them out of the pokey as we raise funds for education. To participate, contact Riki Stamps at rstamps@btvillage.org, or (479) 695-8073. **10am-3pm PH (W)**

Thursday 25th – Village Tours: Arkansas & Missouri Railroad Boston Mountains Foliage Tour

All aboard! Take a window seat to history and travel in the style of a bygone era. Relax and enjoy the stunning colors of fall from a refurbished antique passenger or parlor coach as our excursion train travels across trestles with views for miles – all the way up the Boston Mountains and down to the Arkansas River Basin. Cost for the eight-hour roundtrip is \$100pp, payable in the program office. Enjoy lunch and shopping on your own in historic downtown Van Buren.

Depart BTV at 7:15am R \$ (W)

Thursday 25th – Still on The Hill in Concert: Cane Hill

The house will be packed tonight with superb entertainment by this talented musical duo known as the Ambassadors of the Ozarks. Kelly and Donna Mulholland's original songs feature the guitar, banjo, mandolin, ukulele, harmonica, handmade fretless banjo, fiddle and lap harp. This evening's Cane Hill performance will feature age-old stories from the once-thriving community in Washington County. **7pm PH (W)**

Friday 26th – BTV Foundation Holiday Baskets

Send the gift that keeps on giving! Check holiday shopping for family and friends off your list when you order from an assortment of holiday baskets filled with Arkansas products. Items from House of Webster, Fisher Honey, Ozark Nut Roaster, War Eagle Mill and the Tontitown Winery are among the Natural State edibles. Orders will be taken today at 11 a.m. in the Performance Hall. Afterward, orders can be placed by phone or by email between Oct. 26 through Dec. 14, with USPS delivery scheduled for Nov. 15 through Dec. 20. A portion of each sale goes to the BTV Foundation Music and Performance Fund. To order, email rstamps@btvillage.org or call (479) 695-8073. **11am PH (W)**

Friday 26th – The Conway Women's Chorus

Please welcome the Conway Women's Chorus today as they bring a performance honoring U.S. military veterans. **PH (W)**

Tuesday 30th – BTV Chorus Presents: Broadway Hits with Guest Harris Sonnenberg

The BTV Chorus will sing a variety of Broadway tunes and a medley of Rodgers and Hammerstein hits. Village resident and vocalist Harris Sonnenberg will also perform. **3pm PH (W)**

OLLI Classes Hosted at BTV Call (479) 575-4545 for reservations and enrollment fee information.

Wed. 3rd, 10th, 17th, 24th, 31st
Wed. 3rd
Fri. 12th & Sat. 13th
Thurs. 18th
Thurs. 25th

The Strange Case of Robert Louis Stevenson
Poets of the Piano
Abstracts and Special Effects
Mulling the Midterms with John Brummett
Be A Tree

10am – 12pm
6-8pm
9am – 4pm
6-8pm
1-3pm

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SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



<p>8am Church Runs 8:15am Music/8:30am Worship C CH1961 11am Rev. David Wiggs -Televised CH 4:30pm Worship with Dr. Steve Pulliam, Central United Methodist C CH1961 5pm Bocce Ball LDG</p>	<p>NAME TAG DAY 1 8:30am Resistance Training AC FWC 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 9:30am Circuit Training with Spencer C 10am Balance Class C 10:30am Hiking with Jennifer R S (W) 10:30am 2nd Floor South V 1:30pm Line Dancing C 2:30pm BTV Chorus Rehearsal PH 4pm 2nd Floor North V 4pm Yoga FWC</p>	<p>9am Walk Away the Pounds AC 2 9:45am Tai Chi C 10am 1st Floor South V 10:30am Strength and Chair Aerobics C 10:30am 1st Floor North C 2pm Health and Wellbeing w/ Dr. Helen McElree: The Wonderous Digestive Tract C (W) 2:30pm BTV Chorus Rehearsal PH 7pm Bingo C</p>	<p>8:30am Resistance Training FWC 3 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am-12pm OLLI Class: The Strange Case of Robert Louis Stevenson PH 10:30am Bible Study C 11:15am Balance Class AC 1pm Clay Creations with Terry Merchant AS 1:30pm Line Dancing C 2pm Gentle Water Aerobics AC 3pm Ping-Pong AC 3pm Guitar Lessons CH S 4pm Yoga FWC 4pm 3rd Floor North C 6pm Newspaper P/U NW 6-8pm OLLI Class: Poets of the Piano PH S (W) 7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)</p>	<p>9am Walk Away the Pounds AC 4 9:45am Tai Chi C 10:30am 3rd Floor South V 10:30am Strength and Chair Aerobics C 12pm Spring International Language Center Student Luncheon C R 1:30pm Brain Teasers V 1pm Painting for Pleasure AS 2:30pm BTV Chorus Rehearsal PH 7pm Faith Study V</p>	<p>8:30am Resistance Training FWC 5 9am Yoga/Pilates FWC 9:30am H2O Aerobics AC 10:30am Village Homes LDG 10:45am Circuit Training with Spencer C 11am Cottages V 11:15am Balance Class C 1pm Bridge G R 1pm Tour of the Town (Fayetteville) R (W) 1:30pm Stained Glass Art w/ Sherry Young AS R 2pm Gentle Water Aerobics AC 2pm Low Vision Activity Group V 3pm Ping-Pong AC 6:30pm John Denner in Concert PH (W) 7pm Broadway Series: Jersey Boys WAC R S (W)</p>	<p>10am Exercise for Arthritis DVD 6 CH1961 10:30am Strength Training DVD CH1961 11:15am Metropolitan Opera Live in HD: Aida by Verdi Razorback Cinema R S (W) 2:30pm and 6:30pm Movie: The Greatest Showman PG-13 PH TBA Arkansas Razorbacks vs. Alabama Crimson Tide R S (W) TBA Big Red Tailgate Party C</p>
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<p>8am Church Runs 7 8:15am Music/8:30am Worship C CH1961 11am Rev. David Wiggs -Televised CH 4:30pm Worship with Dr. Steve Pulliam, Central United Methodist C CH1961 5pm Bocce Ball LDG</p>	<p>NAME TAG DAY 8 8:30am Resistance Training AC FWC 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 9:30am Circuit Training with Spencer C 10am Balance Class C 10:30am Hiking with Jennifer R S (W) 10:30am Residents Council V 1:30pm Line Dancing C 2:30pm BTV Chorus Rehearsal PH 4pm Yoga FWC 7pm Electric Cooperatives of Arkansas: Bringing Power to Guatemala PH (W)</p>	<p>9am Mah Jongg Class with Linda Smith C 9 9am Walk Away the Pounds AC 9:45am Tai Chi C 10:30am Strength and Chair Aerobics C 2pm Grief Support Group V 2:30pm BTV Chorus Rehearsal PH 3pm Bible Study with Gloria Falknor CH 4-5:30pm Take 5 Tuesday B R 7pm Bingo C</p>	<p>8:30am Resistance Training FWC 10 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am-12pm OLLI Class: The Strange Case of Robert Louis Stevenson PH 10:30am Bible Study C 11:15am Balance Class AC 1pm Clay Creations with Terry Merchant AS 1:30pm Line Dancing C 2pm Gentle Water Aerobics AC 2:30pm BTV Chorus Rehearsal PH 3pm Ping-Pong AC 3pm Guitar Lessons CH S 4pm Yoga FWC 6pm Newspaper P/U SW CT VH 7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)</p>	<p>9am Walk Away the Pounds AC 11 9:45am Tai Chi C 10am Communion, First Baptist CH 10:15am BTV Book Club L 10:30am Strength and Chair Aerobics C 1pm Brain Teasers V 1:30pm Painting for Pleasure AS 5:30pm Autumn Breeze Dinner and Dance Featuring the William Reyes Band PH R (W) 7pm Teaching Technologies V</p>	<p>8:30am Resistance Training FWC 12 9am Yoga/Pilates FWC 9am-4pm OLLI Class: Abstracts and Special Effects V S (W) 9:30am H2O Aerobics AC 10am-2pm Homespun Hobbies In the Green Room Today 10:45am Circuit Training with Spencer C 11:15am Balance Class C 12:30pm Sight & Sound Theatre Presents: Samson R S (W) 1pm Bridge G R 1:30pm Stained Glass Art w/ Sherry Young AS R 2pm Gentle Water Aerobics AC 2pm Low Vision Activity Group V 3pm Ping-Pong AC 5-6:30pm Dinner Music with Pianist Harold Chilton C D</p>	<p>9am-4pm OLLI Class: Abstracts and Special Effects V S (W) 13 10am Exercise for Arthritis DVD CH1961 10am Acrylic Painting Class with Linda Hayes GR 10:30am Strength Training DVD CH1961 1:15pm TheatreSquared Presents: Skeleton Crew R S (W) 2:30pm and 6:30pm Movie: On a Clear Day PG PH</p>
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<p>8am Church Runs 14 8:15am Music/8:30am Worship C CH1961 11am Rev. David Wiggs -Televised CH 3-5pm 90th Birthday Reception for Winnie MacDonald LDG 4:30pm Worship with Rev. Jan Butin, FUPC C CH1961 5pm Bocce Ball LDG 6:30pm Ragamala Dance Company's Written in Water WAC R S (W)</p>	<p>NAME TAG DAY 15 8:30am Resistance Training AC FWC 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 9:30am Circuit Training with Spencer C 10am Balance Class C 10:30am Hiking with Jennifer R S (W) 1:30pm Line Dancing C 2:30pm BTV Chorus Rehearsal PH 4pm Yoga FWC 7pm Resident Forum PH CH1961</p>	<p>9am Walk Away the Pounds AC 16 9:45am Tai Chi C 10:30am Strength and Chair Aerobics C 10:30am Caregiver Support Meeting V 2-4pm OLLI Class: Nestbox V (W) 2:30pm BTV Chorus Rehearsal PH 4pm Communion, First United Presbyterian CH 4pm Dine with us at Callahan's Steakhouse in Siloam Springs R S (W) 5:30pm Campfire Classics with Coop SC R (W) 7pm Bingo C</p>	<p>8:30am Resistance Training FWC 17 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am-12pm OLLI Class: The Strange Case of Robert Louis Stevenson PH 10:30am Bible Study C 11:15am Balance Class AC 1pm Clay Creations with Terry Merchant AS 1pm Fall Foliage Driving Tour on Ark Hwy 23 R (W) 1:30pm Line Dancing C 2pm New Resident Group Meeting GR 2pm Gentle Water Aerobics AC 2pm Wellness Lecture with Jennifer Neill: According to Research, What Makes You Happier? PH (W) 3pm Ping-Pong AC 3pm Guitar Lessons CH S 4pm Yoga FWC 6pm Newspaper P/U NW 6pm THE ILLUSIONISTS WAC R S (W) 7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)</p>	<p>WEAR PINK DAY 18 8:15am Ace in the Hole Men's Breakfast IHOP R S (W) 9am Walk Away the Pounds AC 9am Spanker Creek Arts & Crafts Fair and Lunch R S (W) 9:45am Tai Chi C 10am Mass, St. Joseph's CH 10:30am Strength and Chair Aerobics C 11:30am Positively Pink Breast Cancer Awareness Luncheon PH R (W) 1pm Communion, CUMC CH 1pm Brain Teasers V 1:30pm Painting for Pleasure AS 5:30pm HCC Family Council Meeting LDG 6-8pm OLLI Class: Mulling the Midterms with John Brummett PH 7pm Faith Study V</p>	<p>8:30am Resistance Training FWC 19 9am Yoga/Pilates FWC 9:30am H2O Aerobics AC 10:45am Circuit Training with Spencer C 11:15am Balance Class C 12:30pm Pen Pal Ice Cream Social LDG 1pm Tour of the Town (Springdale) R (W) 1pm Bridge G R 1:30pm Stained Glass Art w/ Sherry Young AS R 2pm Gentle Water Aerobics AC 2pm Low Vision Activity Group V 3pm Fulbright Friday: The Parents and City of King Tut with Anthropologist Jerry Rose C (W) 3pm Ping-Pong AC</p>	<p>10am Exercise for Arthritis DVD 20 CH1961 10:30am Strength Training DVD CH1961 11:15am Metropolitan Opera Live in HD Presents: Samson et Dalila by Saint-Saens Razorback Cinema R S (W) 2:30pm and 6:30pm Movie: Me and Orson Welles PG-13 PH TBA Arkansas Razorbacks vs. Tulsa Golden Hurricane R S (W)</p>
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<p>8am Church Runs 21 8:15am Music/8:30am Worship C CH1961 11am Rev. David Wiggs -Televised CH 4:30pm Worship with Rev. Dr. Ryan Pfeiffer, First Christian C CH1961 5pm Bocce Ball LDG 6:30pm Take Me to the River: Live! WAC R S (W)</p>	<p>NAME TAG DAY 22 8:30am Resistance Training AC FWC 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am Balance Class C 10:30am Hiking with Jennifer R S (W) 10:45am Circuit Training with Spencer C 2:30pm BTV Chorus Rehearsal PH 3:30pm Margarita Monday R S (W) 4pm Yoga FWC</p>	<p>9am Mah Jongg Class with Linda Smith C 23 9am Walk Away the Pounds AC 9:45am Tai Chi C 10:30am Strength and Chair Aerobics C 2pm Grief Support Group V 2:30pm BTV Chorus Rehearsal PH 3pm Southern Gospel Music with Tom and Debbie Smith PH (W) 3pm Bible Study with Gloria Falknor CH 6pm School of Rock WAC R S (W) 7pm Bingo C</p>	<p>8:30am Resistance Training FWC 24 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am-3pm BTV Foundation Jail and Bail Fundraiser PH (W) 10am-12pm OLLI Class: The Strange Case of Robert Louis Stevenson PH 10:30am Bible Study C 11:15am Balance Class AC 1pm Clay Creations with Terry Merchant AS 2pm Gentle Water Aerobics AC 3pm Ping-Pong AC 3pm Guitar Lessons CH S 4pm Yoga FWC 6pm Newspaper P/U SW CT VH 7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)</p>	<p>7:15am Village Tours: Arkansas & Missouri Railroad Boston Mountains Foliage Tour w/ Lunch and Shopping in Van Buren R S (W) 25 9am Walk Away the Pounds AC 9:45am Tai Chi C 10:30am Strength and Chair Aerobics C 11am Lunch Bunch to Grandma's House Café R S (W) 1pm Brain Teasers HCC 1-3pm OLLI Class: Be A Tree V S (W) 1:30pm Painting for Pleasure AS 2:30pm BTV Chorus Rehearsal PH 7pm Still on the Hill in Concert: Cane Hill PH (W)</p>	<p>8:30am Resistance Training FWC 26 9am Yoga/Pilates FWC 9:30am Coffee/Juice Bar LB 10am Town Meeting PH 10am-2pm Homespun Hobbies V 11am BTV Foundation Holiday Basket Orders PH 1pm Bridge G R 1pm Tour of the Town (Rogers) R (W) 1:30pm Stained Glass Art w/ Sherry Young AS R 2pm Gentle Water Aerobics AC 2pm Low Vision Activity Group V 2:30pm BTV Chorus Rehearsal PH 3pm Ping-Pong AC 5-6:30pm Dinner Music with Pianist Harold Chilton C D 7pm The Conway Women's Chorus: Honoring Military Veterans PH (W)</p>	<p>10am Exercise for Arthritis DVD 27 CH1961 10am Acrylic Painting Class with Linda Hayes GR R (W) 10:30am Strength Training DVD CH1961 11:15am Metropolitan Opera Live in HD Presents: La fanciulla del West Puccini Razorback Cinema R S (W) 2:30pm and 6:30pm Movie: Temple Grandin PG PH TBA Arkansas Razorbacks vs. Vanderbilt Commodores R S (W) TBA Big Red Tailgate Party C</p>
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<p>8am Church Runs 28 8:15am Music/8:30am Worship C CH1961 11am Rev. David Wiggs -Televised CH 4:30pm Worship with Rev. Larry Branum C CH1961 5pm Bocce Ball LDG</p>	<p>NAME TAG DAY 29 8:30am Resistance Training AC FWC 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am Balance Class C 10:30am Hiking with Jennifer R S (W) 10:45am Circuit Training with Spencer C 2pm Fall Foliage Driving Tour on U.S. Hwy 71 South R (W) 2:30pm BTV Chorus Rehearsal PH 3:30pm It's Your Lucky Day at Cherokee Casino R S (W) 4pm Yoga FWC</p>	<p>9am Walk Away the Pounds AC 30 9:45am Tai Chi C 10:30am Strength and Chair Aerobics C 3pm BTV Chorus Presents: Broadway Hits with Guest Harris Sonnenberg PH (W) 6:30pm Dinner in the Lodge 7pm Bingo C</p>	<p>HALLOWEEN 31 8:30am Resistance Training FWC 9am Yoga/Pilates AC 9:30am H2O Aerobics AC 10am-12pm OLLI Class: The Strange Case of Robert Louis Stevenson PH 10:30am Bible Study C 11:15am Balance Class AC 1pm Clay Creations with Terry Merchant AS 2pm Gentle Water Aerobics AC 3pm Ping-Pong AC 3pm Guitar Lessons CH S 4pm Yoga FWC 5-7:30pm BTV Halloween Carnival LDG 6pm Newspaper P/U NW 7pm Lecture Series with Moderator Conrad Waligorski C CH1961 (W)</p>	<p>EVENT TYPE & LOCATION SYMBOLS</p> <table border="0"> <tr> <td>Aquatic Center AC</td> <td>Convocation C</td> <td>Game G</td> <td>Performance Hall PH</td> </tr> <tr> <td>Art Studio AS</td> <td>Cottages CT</td> <td>Green Room GR</td> <td>South/North Courtyard SC NC</td> </tr> <tr> <td>Assisted Living AL</td> <td>Dining D</td> <td>Library L</td> <td>South/North Wing SW NW</td> </tr> <tr> <td>Bistro B</td> <td>Family Room F</td> <td>Lobby LB</td> <td>Villa Room V</td> </tr> <tr> <td>Chapel CH</td> <td>Fitness/Wellness Center FWC</td> <td>Lodge LDG</td> <td>Village Homes VH</td> </tr> </table> <p>Cable Channel 1961 CH1961 Fee F Resident Wait List Welcome W Sign-up Reservation Required R Shuttle Service to/from BTV Entrance SS</p> <p>Alma Performing Arts Center APAC Arend Arts Center AAC Arts Center of the Ozarks ACO Faulkner Performing Arts Center FPAC Walton Arts Center WAC</p> <p>Check Lobby Bulletin Boards, or BTV Cable 1960, regarding corrections, cancellations, or additions to this calendar. Notifications will be posted as soon as possible.</p>	Aquatic Center AC	Convocation C	Game G	Performance Hall PH	Art Studio AS	Cottages CT	Green Room GR	South/North Courtyard SC NC	Assisted Living AL	Dining D	Library L	South/North Wing SW NW	Bistro B	Family Room F	Lobby LB	Villa Room V	Chapel CH	Fitness/Wellness Center FWC	Lodge LDG	Village Homes VH
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TELEVISED FITNESS CLASSES

Monday Through Friday

8:30am Exercise for Arthritis **CH1961**
9am/4pm Core Strength **CH1961**